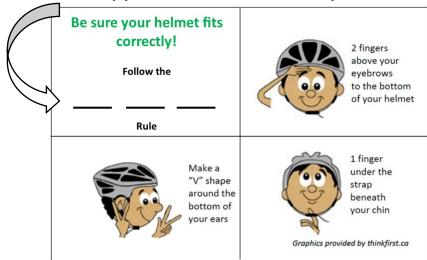
1. Circle the picture which shows a helmet that fits correctly.







2. Fill in the blanks to help you remember how to check that your helmet fits.



3. What does the ABC Quick check stand for?

- A. It helps you remember to buy lots of fruit: Apples, Bananas, Cantaloupe
- B. It stands for different ways of traveling: Airplanes, Bicycles, and Cars
- C. It stands for things you should check before you bike: Air, Brakes, Cogs, Cranks, Chain, and Quick Release.